



Sun Safety Policy - The Tally Way

Rationale

Year-round sun protection is important for all children and young people in Queensland as research demonstrates that high ultraviolet radiation (UVR) exposure in childhood and adolescence significantly increases the risk of developing skin cancer.

Our school aims to educate our students about being sun safe in order to develop important, life-long, healthy habits, and acknowledges the important role adults play during and outside school hours to reinforce sun safety with children and young people.

In implementing this policy, our school and community recognise that:


- the policy applies to all school and school-related activities and events;
- the strategies are to be implemented during the whole school day and year-round; and
- a combination of sun safe strategies is more effective than a single approach.

Date of commencement: January 2022

Review date: As required

ELEMENT	STRATEGIES
<p>Clothing requirements</p>	<p>Students are required to wear protective clothing, including appropriate hats, when outdoors (and not under shade) during the school day and during school-related activities (for example, excursions/camps) to reduce students' exposure to the sun, including the following strategies:</p> <p>Hats</p> <ul style="list-style-type: none"> • Students are required to wear appropriate hats when outdoors. The only exceptions when playing sport are when a hat reduces visibility or interferes with activity skills and therefore poses a risk to students' safety; or when wearing a hat is not possible because other headwear is required to be worn for religious or safety reasons. Under these circumstances, students may remove their hats for the duration of the activity, ensuring they have applied sunscreen to uncovered skin (ideally 20 minutes) prior to participating. • School uniform hats available for purchase are either broad-brimmed, bucket and/or caps. NOTE: The P&C endorsed the inclusion of caps within the uniform policy in Term 4 2020. This

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	<p>process was informed by observations by teaching staff and parents (i.e. bucket hats were frequently falling off while students were running). Caps are considered to be more likely to stay on during running and school observations have confirmed that. With hats being a requirement of the Sun Safety policy, parents are now able to choose whether their child wears a broad-brimmed, bucket or cap style hat at school.</p> <ul style="list-style-type: none"> • Staff remind students to wear hats before and during lunch breaks, and to and from outdoor activities. • Students who do not have hats will play in the shade or an area protected from the sun. <p>Swim shirts</p> <ul style="list-style-type: none"> • Students are required to wear swim shirts/rash vests during all water-based activities occurring at outdoor venues, except during their race/s at competitions and carnivals.
Shade provision and use	<p>Our school maximises the use of available shade for outdoor activities:</p> <ul style="list-style-type: none"> • Sports activities are rotated during the week between the hall and the oval. • Permanent shade structures have been built as multi-purpose areas to provide sun safe protection. These include: <ul style="list-style-type: none"> - Prep and year 1 eating/play area - Additional bus shelter for afternoon pick up and outdoor teaching option - Science/outdoor teaching space - Deck spaces, purpose built to demountable year 2 classrooms and School Hall - Outside Prep to year 6 classrooms and along walkways • Temporary shade structures are used as necessary for outdoor events/uses for example, Sports Day, Rewards Day, Swimming Carnival, Cross Country Carnival
Education	<p>Our school provides educational programs on sun safety and preventative measures through the following strategies:</p> <p>Curriculum, teaching and learning</p> <ul style="list-style-type: none"> • Sun safety is formally taught as part of the implementation of the Australian Curriculum through Health and Physical Education. Aspects of the achievement standard ensure sun safety education is formally taught and assessed by <i>examining messages related to health decisions and describe how to keep themselves and others healthy, safe</i> (ACARA, Health).

ELEMENT	STRATEGIES
	<p>Incidental teaching and promoting sun safe behaviours</p> <ul style="list-style-type: none"> Incidental teaching of personal sun safety strategies occurs in all year levels as part of the school routine on a regular basis, for example, through reminders to students to wear hats and apply sunscreen. Reminders are also communicated on Assembly and in PE lessons. <p>Staff professional development</p> <ul style="list-style-type: none"> Staff are informed about the school's sun safety policy and its requirements on induction.
<p>Sunscreen provision</p>	<p>Our school recognises the importance of sunscreen use as a sun safe measure and implements the following strategies:</p> <ul style="list-style-type: none"> The school supplies SPF 30 or higher broad-spectrum, water-resistant sunscreen for student use. This can be found in classrooms and at the office. Parents/carers are encouraged through social media (example post below) to have their children apply sunscreen before school. <div data-bbox="528 902 1385 1350" style="text-align: center;">  <p>IT'S HEATING UP</p> <p>As the temperature rises, the daily application of sunscreen and remembering your school hat does too.</p> <p>Let's keep our children sun-safe. It's just the Tally Way</p> <p>Tallebudgera STATE SCHOOL</p> </div> <ul style="list-style-type: none"> Parents/carers are encouraged to provide sunscreen for their child if they don't wish their child to use the school's sunscreen.
<p>Modelling sun safe behaviours</p>	<p>Our school promotes the importance of parents/carers, teachers, ancillary staff, volunteers and other adult supervisors as role models for students using the following strategies:</p> <ul style="list-style-type: none"> Staff and P&C members are encouraged to consider the use of shade, sun safe hats and clothing, sunglasses and sunscreen when doing their duties, running outside activities, and when on excursions/camps. Parents/carers are encouraged to have their children apply sunscreen before they come to school and provide personal sunscreen for their children to use at school.
<p>Cost considerations</p>	<p>The department provides funding for sun safety using the following strategies:</p> <ul style="list-style-type: none"> School funding is allocated annually to enable the purchase of sunscreen for each class for the whole school year.

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	<ul style="list-style-type: none"> Costs for sunscreen will be recovered in line with the Requests for Voluntary Financial Contributions procedure.
Additional strategies	<p>Other strategies our school uses to be sun safe include:</p> <ul style="list-style-type: none"> Sunscreen stations are set up at sports days and swimming carnivals. Posters around school and in common areas.

Endorsement



P&C President, Danielle Williams



School Council Chair, Luke Wharton



Principal, Zoe Harlow

Date of Endorsement

22 November 2021